# Vanessa Flood

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### Professional Profile

I aspire to challenge students to think outside the box; connect ideas and relate them back to real world experiences. I provide a positive learning experience. I am dedicated to enthusiastic and dynamic teaching as a means of enhancing education and personal growth.

- · Hold Bachelor's degree in Microbiology.
- Specialized in reproductive biology.
- Holds Certifications in childbirth education, breastfeeding education/consultating, labor support and birth doula training.
- Experienced in teaching a variety of ages; preschool-adult.
- Establishes personal connections with consistent positive feedback.
- Confident is communicating and educating with web based technology.

### Education, Certifications and Trainings

#### **B.A.** Microbiology

University of Kansas, Lawrence, KS. 1997

#### Certifications

International Board Certified Lactation Consultant (IBCLC) 2015

DONA International Certified Birth Doula Trainer 2012

Lamaze Certified Childbirth Educator 2010

Certified Breastfeeding Educator 2008

Certified Happiest Baby Educator. 2005

DONA International Certified Childbirth Doula 2004

ALACE Certified Childbirth Educator. 2002

KS Certified Nurses Aid. 1997

#### **Trainings**

Institute for the Advancement of Breastfeeding and Lactation Education Trainer 2019

UC-Davis Baby Behavior Trainer 2013

DONA trained Postpartum Doula. 2005

#### Presentations

Poster Presentation; Vaccine Safety Misconceptions for Lamaze-DONA conference, Kansas City, MO 2014

# Key Qualifications

President and creator of Birthing Beyond, LLC.

Created website to support business

Plan and instruct each subject area using wide variety of teaching aids, motivational and implementation strategies to engage students in active learning.

Implement technological approaches to subject material.

Researches evidence-based resources.

Created and established curriculum for all current classes taught.

Accumulated 42 hours of graduate level courses; 500+levels

### Experienced Certified Childbirth and Birth Doula Educator

Have taught over 10,000 parents in both private and group settings, for both myself and for hospitals, since 2002. Created childbirth education curriculum including a comprehensive class for first time parents, refresher, natural strategies, vaginal birth after cesarean (VBAC), newborn care/adoptive and an 18 hr doula training.

### Experienced Certified Birth Doula

Have supported 490 women through labor including Low risk, High risk, VBAC, VBA2C, Cesarean, Induction, Assisted, Stillbirths, Known and Unknown Birth Defects, Loss of Spouse, Eclampsia, and HELLP. Worked with a variety of Obstetricians, Family Practice, and Midwives in local hospitals, birth center and home.

### Experienced Breastfeeding Educator/Consultant

Have taught in both private and group settings, for both myself and for hospitals, since 2008. Have worked 1000+ clinical lactation hours, 90+ hours of lactation management and am an International Board Certified Lactation Consultant. Provided Peer to Peer lactation support through WIC as a breastfeeding peer Counselor since 2013. Work as a private practice IBCLC in Kansas City.

### **Employment**

#### Professional Development in Education

- Birthing Beyond, LLC, April 2002 to present
- Online Breastfeeding Educator, KS Breastfeeding Coalition January 2016 to present
- Breastfeeding Peer Counselor, JOCO WIC July 2013 to present
- Teaching Assistant- Biology, Barton County Community College May 2012- August 2016
- Parent Educator, Shawnee Mission Hospital Oct 2006 to June 2012
- Parent Educator, St. Luke's South Hospital Nov 2005 to Dec 2007
- Early Childhood Educator, SBC PDO Aug 2003 to May 2009

#### Professional Development in Microbiology

• Unilever Foods, November 1997 - October 2000

Microbiologist, quality control technician.

Wrote laboratory SOP's and Safety manuals.

Headed up local quality improvement project.

Wrote safety training manual and provided training to all employees. Analyzed and presented data to managers on a routine basis.

## Professional Memberships

**AWHONN** 

DONA International

Doulas of Greater Kansas City

ILCA

Kansas Breastfeeding Coalition

Lamaze International

March of Dimes

Maternal and Child Health Coalition of Greater Kansas City

United Way of Greater Kansas City

### Community Involvement

Johnson County Breastfeeding Coalition Secretary and Founding Member 2019

Supports Run for Little Hearts Non-Profit Annual Race

Heritage Elementary PTO Executive Vice President 2014-2015

Heritage Elementary PTO President 2010-2014

Heritage Elementary PTO Vice President 2009-2010

Girl Scout troop leader, September 2006-2012

Prince of Peace Catholic Church Early Education Catechist, September 2003-2011

References Available Upon Request